



# Backwell Parish Council

1<sup>st</sup> Floor  
43 Rodney Road  
Backwell  
North Somerset  
BS48 3HW

Tel: 01275 464653

Email: [clerk@backwell-pc.gov.uk](mailto:clerk@backwell-pc.gov.uk)  
Website: [www.backwell-pc.gov.uk](http://www.backwell-pc.gov.uk)

## Community Resilience Programme

2nd April 2020

Dear Resident,

We know these are testing times with the Covid-19 (Coronavirus) pandemic and normal things suddenly are far more challenging than a few weeks ago.

Backwell Parish Council working with the Backwell Residents Association, St Andrews Church, West Town Methodist, Baptists, your District Councillor, The Meeting Point, local Medical services, plus many more organisations, but most importantly our ever-growing army of volunteers, are here to help you during this time. **If possible, please safely check (e.g. by phone or staying at a safe distance) that your neighbours know the content of this letter.**

If you are in a vulnerable group, self-isolating, or have underlying health issues:

### **THE MOST IMPORTANT THING YOU CAN DO IS STAY SAFE INDOORS AND FOLLOW THE GOVERNMENTS GUIDELINES**

We are here to help you whilst you're doing this, and can assist you for example with

- Collecting Prescriptions
- Doing a shop for food or essentials
- Provide someone to call you and check in
- Provide spiritual help

We **cannot** advise on Medical issues, so please follow the NHS guidance if you're worried about COVID-19 symptoms

Please call **01275 464653** or preferably by email to the Parish office **[clerk@backwell-pc.gov.uk](mailto:clerk@backwell-pc.gov.uk)** with a request for help and a volunteer will contact you within a day or so. You can also refer someone else (preferably with their consent and knowledge) but we will need their name and phone number.

The same contact details can be used to register if you want to volunteer to help your neighbours, you will be sent a form to complete which is also available along with lots of other local information here: <https://www.backwell-pc.gov.uk/coronavirus-information/>

Best Regards

Backwell Parish Council & your Local Organisations

## **Useful Contacts**

### **Backwell Medical Centre** 01275 465100

Please follow the NHS guidance if you're worried about COVID-19 symptoms. Do not go to a GP surgery, pharmacy or hospital. Use the 111 online coronavirus service to find out what to do. Only call 111 if you cannot get help online.

### **Cohens Chemist** 01275 462386

Mon-Fri, 9am – 12 noon, 2pm – 5.30pm, Sat, 9am – 1pm

**St Andrew's Church** has a pastoral group and would like to offer spiritual and emotional support to residents. If you are feeling anxious or isolated through the corona virus, please call the church office between 9am and 12noon Monday to Friday and speak to Justine our Administrator **01275 463469** or preferably our mobile **07857 505179**

**Meeting Point, Backwell** 01275 790309 The Meeting Point is ringing its regular customers once a week (on a Tuesday). If anyone would like to be put on this list (regular, irregular or never at all visitors) please call the above number

### **Care Connect** – health and social support enquiries

01275 888801, [care.connect@n-somerset.gov.uk](mailto:care.connect@n-somerset.gov.uk) (Monday to Friday, 8am to 6pm)

**Wellspring Counselling** is open for business as usual. You can contact our admin team as usual on [reception@wellspringcounselling.org.uk](mailto:reception@wellspringcounselling.org.uk) or by calling **01275810879** and leaving a message. Wellspring also has a service for local young people during the Covid-19 crisis <http://wellspringsomerset.btck.co.uk/>.

**First Steps** – council tax and other assistance 01275 885082, [first.steps@n-somerset.gov.uk](mailto:first.steps@n-somerset.gov.uk)

### **Post Office-** 01275 462721 Open with reduced hours:

7.30am – 3pm, Monday to Friday, 7.30am – 1.30pm Saturday, 7.30am – 11am Sunday. Have the usual stock, including fresh bread, eggs milk, cheese and meats, as well as stationery items and a printing/copying service.

**Spar** New opening hours: 7am – 9pm, Monday to Saturday, 8am – 9pm Sunday

**The Rising Sun** 01275 462215 Continuing to offer their Farm shop Menu with a variety of goods (meat, drinks, fruit, veg, bread, milk, eggs, coffee, toilet roll) for order over the phone every day up until 8pm delivery within 10 miles the next day. <https://www.ohhpubs.co.uk/shop/>

### **Taylor's Newsagents** 01275 462584

Taylor's has fresh fruit and veg, fresh bread, eggs, and hand sanitiser if you need it, you can pay over the phone, and it can be delivered.

### **Aimee's Wine House** 01275 464591

Remaining open and limiting to one customer at a time and no children. Also offering free delivery for those self-isolating, and therefore closing at 7pm to deliver. Call the number above to order drinks, snacks. £10 min spend and free delivery within 2 miles of Backwell, pay over phone.

*These letters have been printed, stored and batched and left at least 24 hours before delivery, involving the minimum of contact, and delivered by volunteers using gloves and sanitizers.*